15

20

WHAT IS CLAIMED IS:

- 1. A method of treating androgenic alopecia comprising administering to a person in need of such treatment a 5α -reductase 2 inhibitor in a dosage amount under 5.0 mgs/day.
 - 2. The method of Claim 1 wherein the dosage amount is from about 0.01 to 3.0 mgs/day.
- 3. The method of Claim 1 wherein the dosage amount is from about 0.05 to 1.0 mg/day.
 - 4. The method of Claim 1 wherein the dosage amount is about 0.05 mg/day.
 - 5. The method of Claim 1 wherein the dosage amount is about 0.2 mgs/day.
 - 6. The method of Claim 1 wherein the androgenic alopecia is male pattern baldness.
 - 7. The method of Claim 1 wherein the 5α -reductase 2 inhibitor is administered orally.
- 8. The method of Claim 1 wherein the 5α -reductase 2 inhibitor is administered topically.
 - 9. The method of Claim 1 wherein the 5α-reductase 2 inhibitor has the structural formula [

30

15

20

25

or a pharmaceutically acceptable salt thereof wherein:

R1 is hydrogen, methyl or ethyl;

R² is a hydrocarbon radical selected from straight and branched chain alkyl of from 1-12 carbons or monocyclic aryl optionally containing 1 or more lower alkyl substituents of from 1-2 carbon atoms and/or 1 or more halogen (Cl, F or Br) substituents;

R' is hydrogen or methyl;

R" is hydrogen or β-methyl; and

R''' is hydrogen, α -methyl or β -methyl.

10. The method of Claim 1 wherein the 5α -reductase 2 inhibitor has the structural formula II

 Π

30

or a pharmaceutically acceptable salt thereof wherein R1 is hydrogen, or methyl; and

R³ is branched chain alkyl of from 4-8 carbons.

- 11. A method of treating androgenic alopecia comprising administering to a person in need of such treatment 17β -(N-tert-butylcarbamoyl)-4-aza-5 α -androst-1-ene-3-one in a dosage amount under 5.0 mgs/day.
- 12. The method of Claim 11 wherein the androgenic alopecia is male pattern baldness.
- 13. The method of Claim 11 wherein the dosage amount is from about 0.01 to 3.0 mgs/day.
 - 14. The method of Claim 11 wherein the dosage amount is from about 0.05 to 1.0 mg/day.
 - 15. The method of Claim 11 wherein the dosage amount is about 0.05 mg/day.
 - 16. The method of Claim 11 wherein the dosage amount is about 0.2 mg/day.
 - 17. The method of Claim 11 wherein the 17β -(N-tert-butylcarbamoyl)-4-aza- 5α -androst-1-ene-3-one is administered topically.
 - 18. The method of Claim 11 wherein the 17β -(N-tert-butylcarbamoyl)-4-aza-5 α -and ost-1-ene-3-one is administered orally.
- 19. The method of Claim 18 wherein the dosage amount is about 0.2 mg/day.
 - 20. The method of Claim 18 wherein the dosage amount it about 0.05 mg/day.

15

20

25

15

- 21. A method of arresting and reversing androgenic alopecia comprising administering to a person in need of such treatment a 5α-reductase 2 inhibitor in a dosage amount under 5.0 mgs/day.
- 22. A method of lowering the level of 5α -dihydrotestosterone in human scalp comprising administering to a person in need of such treatment a 5α -reductase 2 inhibitor in a dosage amount under 5.0 mgs/day.
- 10 23. The method of Claim 22 wherein the dosage amount is from about 0.01 to 3.0 mgs/day.
 - 24. The method of Claim 22 wherein the dosage amount is from about 0.05 to 1.0 mg/day.
 - 25. The method of Claim 22 wherein the dosage amount is about 0.05 mg/day.
- 26. The method of Claim 22 wherein the dosage amount is about 0.2 mg/day.
 - 27. The method of Claim 22 wherein the dosage amount is about 1.0 mg/day.

De Par

30